

May 2017

LOMIRA SCHOOL MEAL MENU

LUNCH



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Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

All Beef Hot Dog on Bun **1**
Bushes Vegetarian Baked Beans
Fresh Cut Vegetables
Chilled Peaches
Brkfst: Biscuit & Gravy
Ala Carte: Mash Potato Bowl

Tuesday

Build Your Own Burger **2**
Krinkle Kut French Fries
Cheesy Broccoli
Chilled Fresh Cut Oranges
Brkfst: Omlet & Pancake Bite
Ala Carte: Stuff Pizza Pretzel

Wednesday

Chicken Tenders **3**
Buttered Noodles
Steamed Green Beans
Chilled Pineapple
Brkfst: Hashbrown Bake
Ala Carte: Mini Corn Doggies

Thursday

Nardones Cheesy Pizza **4**
Lettuce Salad
Fresh Cucumbers & Asparagus
Chilled Pears
Brkfst: Baked Oatmeal
Ala Carte: Cook's Choice

Friday

Baked Fish Tenders **5**
Golden Potato Wedges
Fresh Carrots & Ranch
Fruit & Cinco De Miyo Cookie
Brkfst: Yogurt Parfait
Ala Carte: Big Burrito

Orange Chicken **8**
Fluffy Tender Rice
Steamed Vegetables
Chilled Applesauce
Brkfst: Biscuit & Gravy
Ala Carte: Mozz. Sticks

Chicken Patty on Bun **9**
Lettuce Salad w/ Dressing
Poppin Baby Peas
Chilled Peaches
Brkfst: Dutch Baby Waffles
Ala Carte: Pork & Gravy

Big Corn Dog **10**
Sr. Cream Potato Wedges
Fresh Cucumber & Tomato
Chilled Mandarin Oranges
Brkfst: Hashbrown Bake
Ala Carte: Cook's Choice

Cheese Pizza Crunchers **11**
Tomato Soup Cup
Fresh Carrots & Ranch
Chilled Pineapple
Brkfst: Brkfst Sandwich
Ala Carte: Orange Chix/Egg Roll

Hot Ham on Bun **12**
Crispy French Fries
Hot Buttered Corn
Chilled Pears
Brkfst: Yogurt Parfait
Ala Carte: Chicken Tend Wrap

Meaty Nacho's **15**
With Meat, Cheese & chips
Refried Beans & Spanish Rice
Mixed Fruit
Brkfst: Biscuit & Gravy
Ala Carte: Cheeseburger

Buttered Pasta **16**
Meaty Marinara Sauce
Warm Breadstick & Green Beans
Chilled Peaches
Brkfst: Apple Danish & Omlet
Ala Carte: Cook's Choice

BBQ Ribb on Bun **17**
Buttered Noodles
Fresh Broccoli & Tomato
Chilled Pears
Brkfst: Hashbrown Bake
Ala Carte: Jumbo Hot Dog Bun

2 Soft Shell Taco's **18**
Meat, Cheese & Fixin's
Spanish Rice
Chilled Fresh Oranges
Brkfst: Scrmbl'd Egg&Saus.
Ala Carte: Spaghe'tt Bowl

Fish Tenders & Tartar **19**
French Fries
Buttered Baby Peas
Chilled Applesauce
Brkfst: Yogurt Parfait
Ala Carte: BLT Sandwich

Cheese & Sausage Pizza **22**
Garden Salad & Dressing
Steamed Broccoli
Chilled Pineapple
Brkfst: Biscuit & Gravy
Ala Carte: Cook's Choice

Cheeseburger on Bun **23**
Mini Frito Bag
Homemade Baked Beans
Chilled Fruit
Brkfst: Omlet & Saus.
Ala Carte: Chicken Sand.

Chicken Nuggets **24**
Golden French Fries
Steamed Buttered Corn
Chilled Mandarin Oranges
Brkfst: Hashbrown Bake
Ala Carte: Brkfst Sandwich

French Toast Sticks **24**
Cheesy Omlet
Golden Hashbrown
Chilled Applesauce
Brkfst: Pancake on Stick
Ala Carte: Spaghe'tt Bowl

Pork Chop Patty **26**
Mash Potato & Gravy
Breadstick & Lettuce Salad
Chilled Pears
Brkfst: Yogurt Parfait
Ala Carte: Ham/Cheese Melt

29
NO SCHOOL
MEMORIAL HOLIDAY

Hot Ham on Bun **30**
Macaroni Cheese Cup
Fresh Carrots & Ranch
Chilled Pineapple
Brkfst: Cook's Choice
Ala Carte: Mash Potato Bowl

Cheesy Calzone **31**
Leafy Lettuce Salad
Steamed Buttered Corn
Chilled Pears
Brkfst: Hashbrown Bake
Ala Carte: Spaghe'tt Bowl

