

FALL SPORTS INFO.

A reminder to students and parents that the WIAA and Lomira School District require student athletes to have on file in the school office prior to the student participating in a sport, the following items. Athletes may be sent home if paperwork is not complete at the sports' start date.

1. A current Physical card or Alternate Year card.
2. The Signature Sheet for the Co-Curricular Code and emergency information.
3. Athletic Fees of \$30 for each of your first two sports per year with a maximum of \$60 in athletic fees.

All necessary forms can be found online at the district website at www.lomira.k12.wi.us and in the middle school and high school offices. Fees can also be paid on-line after July 1st.

Calendar of Fall Sports

August 1st

Football—1st practice

August 6th

Football Cheerleaders- 1st practice

August 13

Boys Soccer — 1st practice

Cross Country — 1st practice

Volleyball - 1st practice

****Check the website or with a coach to be sure****



FRESHMAN SUPPLY LIST

Some of the elective courses may require additional supplies from what is listed below, but the supplies listed do cover the core classes:

Color Pencils
Post it Note pads (3)
Book Covers (7)
Notebooks (7)
Folders (7)
1" Binders (2)
2" Binders (2)
Highlighters
Loose-Leaf Paper
Pens
Pencils
Scientific Calculator (TI-30 suggested)



Phy Ed Apparel

Athletic Shorts
Socks
Athletic Shoes with non-marking soles
T-shirts—one dark and one white

PLANNERS

Every high school student will receive a student planner as part of their registration fees. It is important that students utilize their planner for organization and passes to their lockers, bathrooms, etc.

Got Questions????

Don't be afraid to either stop by or call the high school office over the summer between 6:30am-2 pm if you have any questions or need assistance. Ms. McDermott, Mrs. King or Mrs. Janke will be happy to help!

High School Office: 269-4396 x108

2018-19

**So I am going to
be a Freshman!**



**An informational
guide for our incoming
9th graders.**

*Welcome to
Lomira High School*

What Can I Expect?

High School means taking on even more responsibility than you have in the past, BUT with responsibility come more privileges and opportunities. In high school, you will learn how to drive, start attending formal dances, and have more course, athletic and extra-curricular choices. The #1 thing you can do to be successful and make high school fun is to get involved. There are so many opportunities and in many different interest areas. If you do get involved, you will make connections with friends and teachers that will last you a lifetime and it will help to guide you in making a decision with what plans you make for after graduation.

HIGH SCHOOL FACTS

- ◆ There are over 36 extra-curricular activities that a student can become involved in at LHS.
- ◆ LHS offers several opportunities for students in high school to prepare for graduation and their life afterwards by offering work release, college courses, Advanced Placement courses and youth apprenticeships.
- ◆ Many LHS students have participated in national competitions and conferences through the groups they are involved in.

Lunch at the High School

In the high school, students are permitted to leave school during lunch. However, many students stay and eat from our hot lunch and ala-carte lines. Your lunch account stays the same as it did in middle school. Students are NOT permitted to go to their lockers during lunch and must stay in the common areas (cafeteria or gym). Open campus is a **privilege** and can be lost if a student abuses the opportunity.

FRESHMAN ORIENTATION

WEDNESDAY, AUGUST 22, 2018

HIGH SCHOOL GYM, 6:00-8:00 PM

Topics to be covered:

Paying Registration Fees, Schedules, Lockers, Yearbooks, Sports Season Passes

This will be one jam-packed evening! This will be very valuable & necessary to get off to a terrific start at LHS. We expect all Freshmen to be here!! If you absolutely can not make it that evening—you will need to come in during August and set up another orientation date and time with us.

Both parents and students should plan on

attending this event!!

SCHOOL PICTURES:

All high school students should have a picture taken on August 22nd from 11 AM—6 PM.

This picture is for the student ID and yearbook!

SCHOOL COUNSELOR

Ms. Sobczak is available to meet with students for a variety of reasons including *personal/family issues, career and post-secondary school choices, and academic concerns* or any other issue that might be getting in the way of a student focusing their attention on school and scheduling appropriate coursework for your future goals.

WHAT DO I NEED TO GRADUATE?

English	4 credits
Social Studies	3 credits
Math	3 credits*
Science	3 credits*
Physical Education	1.50 credits
Career Prep	.50 credit
Personal Finance	.50 credit
Health [^]	.50 credit
Electives	8+ credits*

TOTAL FOR GRADUATION: 24 credits

*Colleges, Technical Colleges, and Trade Schools require additional requirements above the LHS minimum. It is important that you not only earn the credit, but also do well in those courses.

[^]Credit given for successful completion of 7th and 8th grade Health courses that meet the Department of Public Instruction requirements

How Can I Be Successful In High School?

No matter what path you choose to take after high school, the qualities that you need to reach that goal are the same: good school performance, great attendance, participation in different activities, service, and good character. Here are some suggestions to make high school a good experience:

- ⇒ Check your grades online regularly.
- ⇒ Talk to your teachers if you need help. Arrange a time to get some extra help.
- ⇒ Get involved in something in school—a sport, a club, volunteer, etc.
- ⇒ Try new things. You might just like them!
- ⇒ Respect other classmates' differences.
- ⇒ Make attendance in school every day your goal.