

School District Of Lomira Lice Information

Ways To Prevent the Spread of Lice

- Do not share combs, hair brushes, towels, hats, bike or batting helmets, sleeping bag, or pillows.
- Avoid hanging hats and coats next to others' clothing.

What To Look For

- Excessive scratching of head, especially at the back of the head just above the neck.
- Nits on the hair. These are usually pearly-grey in color and are attached to the hair shaft near the scalp.
- Nits are distinguished from dandruff because they stick to the hair shaft.

What To Do If You Find Nits

- Notify the school office 269-4396 ext. 117
- Treat your child and all household members with a lice shampoo recommended by your pharmacist. Follow all instructions carefully!
- Use a nit comb after treatment to remove lice from hair shafts. A 10% vinegar rinse helps to loosen the nits from the hair shafts.
- Wash all bed linens and washable clothing in hot water daily for 7 days.
- Place all non-washable items such as stuffed toys in a sealed plastic bag for 21 days.
- Vacuum furniture, rugs and floors daily for 7 days.
- ***If you are unsure of what to look for or what you have found please contact me at the above number and I will be glad to assist you.***

When Children Can Return to School

- Children with head lice are to be kept out of school until treated and nit free. Before your child's return to the classroom, the school office staff will assist in re-checking him/her before allowing return to the classroom.