

# SEPTEMBER 2018

## Lomira School District – Elementary School

Breakfast  
 High School & Middle School \$1.75  
 Elementary School \$1.65  
 Reduced and Free – FREE  
 Adults \$2.30

LUNCH  
 High School & Middle School \$2.45  
 Elementary School \$2.20  
 Reduced \$40  
 Adults \$3.15

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**3**  
 No School Labor Day

**4**  
 Chicken Nuggets  
 Potatoes & Gravy, Buttered Corn  
 Whole Grain Dinner Roll, Ice Cream Cup  
 Peaches and Cranberries  
*Breakfast*  
 Cereal or Mini Pancakes  
 Apple Sauce Cup, Juice and Snack

**5**  
 Burger on Whole Grain Bun  
 French Fries & Baked Beans  
 With Cheese, Bacon, Tomato, Lettuce  
 Pears and Watermelon Raisins  
*Breakfast*  
 Cereal or Egg & Bacon Scramble with Toast  
 Apple Sauce Cup, Juice and Snack

**6**  
 Crispy Chicken Sandwich On  
 Whole Grain Bun  
 Sweet Tatar Puffs, Cherry Tomato and  
 Cucumber Salad  
 Sorbet and Kiwi and Grape Cup  
*Breakfast*  
 Cereal or Parfait  
 Apple Sauce Cup, Juice, and Snack

**7**  
 Corn Dog  
 Homemade Mac N Cheese  
 Creamy Coleslaw Fresh Veggies N Dip  
 Fresh Banana and Fruit Cocktail  
*Breakfast*  
 Cereal or Donut  
 Apple Sauce Cup, Juice, and Snack

**10**  
 New Homemade Pizzas  
 Green Beans and Spinach Salad with  
 Strawberries & Blueberries Tossed with  
 Raspberry Dressing  
 Apple  
*Breakfast*  
 Cereal or Waffles  
 Apple Sauce Cup, Juice and Snack

**11**  
 Tacos, Cilantro-Lime Rice Seasoned Black  
 Beans with Corn Salsa  
 With Lettuce, Cheese Churro for Dessert  
 Pineapple Tidbits or Fresh Orange Slices  
*Breakfast*  
 Cereal or Breakfast Burrito  
 Apple Sauce Cup, Juice, and Snack

**12**  
 Homestyle Spaghetti with Meat Sauce  
 Cheese Filled Bread Stick  
 Tossed Salad, Green Beans  
 Fresh Cantaloupe and Pears  
*Breakfast*  
 Cereal or Egg Sandwich  
 Apple Sauce Cup, Juice and Snack

**13**  
 BBQ Rib Sandwich on Whole Grain Bun  
 Baked Beans, Coleslaw and Chips  
 Frozen Fruit Bar or Jicama & Yogurt Dip  
*Breakfast*  
 Cereal or Parfait  
 Apple Sauce Cup, Juice, and Snack

**14**  
 Homemade Pigs in the Blanket  
 Potato Smiles, Fresh Veggies and Ranch Dip  
 Fresh Banana and Juice Cup  
*Breakfast*  
 Cereal or Donut  
 Apple Sauce Cup, Juice, and Snack

**17**  
 Mozzarella Sticks & Marinara Dipping Sauce  
 Peas and Carrots Tossed Romaine Salad  
 Apple  
*Breakfast*  
 Cereal or French toast  
 Apple Sauce Cup, Juice and Snack

**18**  
 Chicken Tenders  
 Potatoes & Gravy, Cheesy Broccoli  
 Whole Grain Dinner Roll, Ice Cream Cup  
 Peaches and Cranberries  
*Breakfast*  
 Cereal or Mini Pancakes  
 Apple Sauce Cup, Juice and Snack

**19**  
 Burger on Whole Grain Bun  
 French Fries & Baked Beans  
 With Cheese, Bacon, Tomato, Lettuce  
 Pears and Orange Raisins  
*Breakfast*  
 Cereal or Egg & Bacon Scramble with Toast  
 Apple Sauce Cup, Juice and Snack

**20**  
 Crispy Chicken Sandwich On  
 Whole Grain Bun  
 Chips, Cherry Tomato and Cucumber Salad  
 Sorbet and Kiwi and Grape Cup  
*Breakfast*  
 Cereal or Parfait  
 Apple Sauce Cup, Juice, and Snack

**21**  
 French Toast & Sausage  
 Baked Potato Hash Browns with Veggie Juice  
 Box  
 Baked Apples and Banana  
*Breakfast*  
 Cereal or Donut  
 Apple Sauce Cup, Juice, and Snack

**24**  
 Personal Pan Pizza and Tossed Salad  
 Cauliflower and Carrots with Cheese  
 Apple  
*Breakfast*  
 Cereal or Waffles  
 Apple Sauce Cup, Juice and Snack

**25**  
 Turkey and Gravy with Stuffing & Mashed  
 Potatoes, Corn, Sliced Bread, Fresh Baked  
 Cookies  
 Pineapple Tidbits or Fresh Orange Slices  
*Breakfast*  
 Cereal or Breakfast Burrito  
 Apple Sauce Cup, Juice, and Snack

**26**  
 Penne Pasta with Meatballs, Garlic Bread,  
 Tossed Salad and Green Beans  
 Fresh Apple Slices & Yogurt Dip and Pears  
*Breakfast*  
 Cereal or Egg Sandwich  
 Apple Sauce Cup, Juice and Snack

**27**  
 BBQ Chicken on a Whole Grain Bun  
 Sour Cream and Chive Wedges  
 Baked Beans  
 Frozen Fruit Bar or Jicama & Yogurt Dip  
*Breakfast*  
 Cereal or Parfait  
 Apple Sauce Cup, Juice, and Snack

**28**  
 Home Made Sub Buns with Turkey & Ham  
 Chips and Cheese Sauce for Dipping  
 Fresh Veggies  
 Fresh Banana and Fruit Cocktail  
*Breakfast*  
 Cereal or Donut  
 Apple Sauce Cup, Juice, and Snack

Offered Daily: Smuckers PB&J Bag Lunch Or Wrap of the Day Includes:  
 Chips, Hummus, Carrots, Veggie Juice Box and Apple (String Cheese is added to High School & Middle School)  
 Salad of the Day includes: Salad, Meat, Chips, Muffin Vegetables, and an Apple along with a milk for a complete Meal.  
 Available Daily: Fresh and Canned Fruit along with 2 Milk Choices  
 Jenny Verburgt Food Service Director 920-269-4396 #118 Or Sarah Bodden Food Service Accounts Coordinator 920-269-4396 #156  
 This Institute is an equal opportunity provider.

