

**Department: Health Education**

**Course: Health (Middle/High School)**

**Revised: October, 2016**

HEA07A11: Identify the components of health promotion and disease prevention.

HEA07A12: Analyze the benefits of and barriers to practicing healthy behaviors.

HEA07B11: Examine impact of influences.

HEA07C11: Identify criteria for choosing accurate sources of information.

HEA07D11: Examine communication strategies in various health-related settings.

HEA07D12: Apply appropriate communication skills in various health-related settings.

HEA07E11: Identify situations where effective decision-making skills are implemented.

HEA07E12: Assess the impact of a decision-making process on health-related situations.

HEA07F11: Apply goal-setting skills to various health-related situations.

HEA07G11: Explain importance of self-responsibility for personal health behaviors.

HEA07H11: Develop an advocacy plan to promote health.

HEA09A11: Analyze the impact of determinants of health.

HEA09B11: Analyze impact of influences on health behavior of individ/populations.

HEA09C11: Analyze sources of information for validity and reliability.

HEA09D11: Demonstrate communication skills in health-related situations.

HEA09E11: Apply effective decision-making skills to enhance health.

HEA09F11: Analyze issues that impact setting a goal.

HEA09F12: Apply goal-setting skills to various health-related situations.

HEA09G11: Apply health-enhancing behaviors.

HEA09H11: Develop strategies to advocate for a health issue.

HEA09H12: Implement an advocacy plan pertaining to a health issue.

